

## A Year of Excellence & Pride at CMC

### ★ Recognized Among the Top 350 Hospitals Nationwide for Cleanliness

A 5-star rating for CMC in cleanliness - an incredible testament to the pride we take in providing a safe and welcoming environment.

### 🏠 CMC a Top 100 Critical Access Hospital in the U.S. Compiled by The Chartis Center for Rural Health

National recognition that reflects our high-quality care and community-focused mission.

### 🏆 CMC a Top 10 Rural Hospital for Quality by Nebraska Hospital's Association

This award highlights our unwavering commitment to delivering exceptional care and outstanding patient outcomes in rural healthcare.

### 👏 100% Utilization of Inpatient Serve Sepsis Best Practices for the second year in a row.

### 📊 Excelled in Social Drivers of Health Data Collection

Implemented a new system and collected data from 97.97% of patients in Quarter 1 - far exceeding the Nebraska Hospital Association's 35% benchmark.

### 🎯 Expanded Lung Cancer Screening Services

Increased screenings from 2 per month in 2020-2021 to 8 per month in 2024, significantly enhancing early detection efforts, which were recognized by the American Cancer Society.

### 📋 Ongoing improvement projects

CMC has an active quality improvement program. Projects included:

- Preventing surgical site infections for at-risk population.
- Reducing fall risks.
- Reducing controlled substance variance by over 90%.

*These accomplishments are more than just numbers - they represent the daily dedication, innovation, and compassion each staff member brings to our patients and community. We look forward to continuing to build on these successes and working together to ensure the highest standards of care and safety for our patients and community.*



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# 2024 Annual Report CMC



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# Community Letter

Dear Friends,

Thank you for taking the time to read our annual report for 2024. During the year, we received state and national recognition for quality, the strength of the hospital, and even for the cleanliness of our facility. Such awards are nice, but the most important recognition is knowing our patient trust us to care for them.

Our reported community benefit increased by \$225,000 in 2024. Financially, though we had a positive margin, expenses rose faster than reimbursement, resulting in margins exceeding expenses by \$600,000 fewer dollars than in the previous year. Fortunately, investments and non-operating income were strong, resulting in an overall net gain from prior year. Nationally, hospitals and clinics are under extreme financial pressure—including a bewildering array of prior authorization and denial tactics from insurance and Medicare advantage plans—bringing us to a point where about a third of rural hospitals considered at risk for closure. I am happy to reassure you that CMC remains strong and stable.

Two big initiatives started in 2024 that may impact you in coming years.

First, responding to community need, we established a childcare center, Community Kids Center quickly reached capacity, to the point that we are looking at future growth options.

Second, we began a year-long process to convert our electronic health record system to the EPIC platform through Bryan Health, scheduled to occur in September of 2025. EPIC is used by nearly all of the large medical centers in Nebraska, Kansas, Iowa, and Missouri, and allows patients to share records with doctors regionally and nationally. Its MyChart feature has become the industry standard for patients to access and utilize their medical records. To remain relevant for patients in an increasingly interconnected world, joining the EPIC platform was critical. We think you'll like it.

Lastly, you will read about and see pictures of some of our amazing staff. I wish we could include everyone. Please consider those shown to be representative of all the wonderful people at CMC who are dedicated to serving others, caring with compassion, and making a difference.

Ryan Larsen

## Excellence Elevated at CMC



CMC Housekeeping staff receives 5-star rating for cleanliness from Becker's Healthcare of Chicago, IL. CMC was one of the top 350 hospitals in the nation.



CMC receives 2024 Rural Provider Excellence in Quality Award from the Nebraska Department of Health and Human Services during the Nebraska Critical Access Hospitals and Rural Health Clinics Conference on Quality.



# A Journey Ends, A Legacy Lives On

Kim Goff RN,BSN

Nebraska Hospital Association Caring Kind Employee for 2024



Born in Iquique, Chile to Methodist missionary parents, Kim spoke Spanish before English and was raised with a deep appreciation for cultural diversity. She spent most of her youth in Falls City, graduating from Falls City High School and later earning her nursing degree from Bryan School of Nursing. In 1983, she became part of the first BSN graduating class at Nebraska Wesleyan University and was named Nebraska State Student Nurse of the Year in 1979.

Kim began her nursing career in the OB department at Bryan, later working at Pawnee County Hospital while completing her BSN. She then served 13 years as Director of Nursing at Humboldt Hospital before joining Community Medical Center (CMC) in 1996. At CMC, she held leadership roles in Nursing, Social Services, Discharge Planning, and the Swing Bed program—always putting patients and families at the center of care.

Inspired by her mother, Delpha Yoder Findley—also a former Director of Nursing at CMC—Kim was drawn to caregiving from a young age. One of her most meaningful career moments was performing CPR on a patient who went on to enjoy 18 more years with his family. Years later, she met that patient's grandson and heard how much those years had meant.

Kim and her late husband, Lonnie, raised four sons, and are proud grandparents to 13 grandchildren, all living locally. She also hosted nine foreign exchange students from around the world. Kim looked forward to retirement in September 2024 and now has plans for two trips to Europe and a move to a new living space on her farm.

She reflected, "I experienced much joy in my career and attribute much of this to the current CMC administration for their vision, concern for the community, financial stewardship and excellent leadership." It is difficult to successfully navigate an evolving and challenging health care environment. "The staff is enabled to focus on doing what is right and best for the patients." She says that CMC invests in the total wellbeing of the patients and hospital team. "I always felt heard, respected, and supported—and for that, I am eternally grateful."

In October 2024, Kim was honored as CMC's Caring Kind Employee of the Year through the Nebraska Hospital Association—an award that reflects the heart and impact of her life's work. CMC is a better place because of Kim's clinical leadership and loving impact on her many patients and their families! Thank you, Kim! Happy Retirement.

## Honoring Years of Dedication



Linda Wheeler, LPN, has been a familiar, caring face at Family Medicine for 30 Years.

FMC is proud to have Linda as part of the care team, providing dedicated and compassionate care. She's touched generations of patients—from newborns to adults, and even their children.

Linda earned her nursing degree from Southeast Community College in Beatrice, completing clinicals in both Beatrice and Fairbury. A lifelong resident of our community and an active member of Sts. Peter & Paul Catholic Church, Linda brings not only experience but a deep local connection to her work.

Now working PRN, Linda continues to bring warmth and knowledge to our clinic. Caring for the elderly holds a special place in her heart, and we're grateful for the kindness and expertise she shares with our patients every day.

CMC is proud to recognize Sandy Catlin, APRN, who has been providing exceptional care at Family Medicine Clinic for 25 years.

Known for her clinical expertise, and genuine compassion, Sandy has built trusted relationships with patients of all ages. Her dedication to our clinic and community is truly outstanding.

Here are a few of many compliments from patients about Sandy. "Sandy is the absolute best person and doctor anyone could ever hope to have! She is a true asset to the medical community and a great human-being to boot". "Sandy's knowledge about women's health and what it means to be menopausal is greatly appreciated! We are lucky to have her!"

Sandy enjoys helping patients of all ages. Fitness and wellness are her main areas of interests, both professionally and personally. She loves time with her grown children and family fur-baby. She also enjoys competing in marathons and half-marathons.







Pictured left to right; Kristi Simon, Kelli Dean, Morgan Handley

## Next-Level Care in Behavioral Health Community Health Staff

### Morgan Handley, LICSW

*Supporting Resilience, One Connection at a Time*

Born and raised in Barada, Nebraska, Morgan is a **Licensed Independent Clinical Social Worker (LICSW)** with a passion for helping individuals and families build the skills, confidence, and support they need to navigate life's challenges.

Since earning her Master's in Social Work in 2017, Morgan has worked in a variety of therapeutic settings—from serving as a multisystemic therapist working with youth and families in their homes, to private practice, and as a school social worker with Lincoln Public Schools.

With a strong connection to rural life, Morgan is dedicated to expanding access to mental health services in underserved communities. She strives to build trust, advocate for resources, and foster resilience through compassionate, meaningful support.

### Kristi Simon— Community Health Navigator *A Passion for Advocacy. A Heart for Healing.*

With over 30 years of experience as a Licensed Practical Nurse, Kristi Simon has built a career rooted in compassion, advocacy, and expert care. Her diverse background includes In-Home Health Care, Nursing Homes, and Assisted Living Facilities—giving her a well-rounded understanding of patient needs across all stages of life.

In her current role as a Community Health Navigator, Kristi connects patients with critical resources to address Social Determinants of Health, chronic conditions, and behavioral health concerns. On the Med/Surg floor, she collaborates closely with Social Services to ensure inpatients receive seamless, supportive care. She also plays a key role in Family Medicine's Mental and Behavioral Health Services, helping manage the Spravato Clinic and providing compassionate support to those navigating their mental health journey. Kristi's work is grounded in one guiding belief: every patient deserves to be heard, supported, and empowered.

### Kelli Dean— Community Health Worker *Rooted in Community. Driven by Compassion.*

Born and raised in Falls City, Nebraska, Kelli brings local insight and deep compassion to her role as a Community Health Worker. She helps individuals navigate the often overwhelming healthcare system—especially those facing mental health challenges, substance use, and other life struggles.

From peer support and appointment scheduling to transportation and connecting people with essential services, Kelli plays a vital role in both individual care and community well-being. Her background in social services, activity direction, and special education has shaped her commitment to supporting people of all ages and abilities.

Passionate about rural health, Kelli works to ensure underserved communities have access to the care and resources they deserve.

## Financial Summary

	FY 2024	FY 2023	FY 2022
Net Patient Service Revenue	\$ 35,382,984	\$ 32,961,404	\$ 29,103,909
Provision for Bad Debts	\$ (527,117)	\$ (310,270)	\$ (372,339)
Net patient Revenue	\$ 34,855,867	\$ 32,651,134	\$ 28,731,570
Other Revenue	\$ 2,314,652	\$ 2,030,104	\$ 2,324,284
<b>Total Operating Revenue</b>	<b>\$ 37,170,519</b>	<b>\$ 34,681,238</b>	<b>\$ 31,055,854</b>
Salaries & Benefits	\$ 16,803,500	\$ 15,306,276	\$ 13,908,608
Supplies & Other Expenses	\$ 16,792,924	\$ 15,318,604	\$ 13,149,974
Interest	\$ 214,871	\$ 236,390	\$ 273,138
Depreciation & Amortization	\$ 2,490,724	\$ 2,359,934	\$ 2,349,227
<b>Total Expenses</b>	<b>\$ 36,302,019</b>	<b>\$ 33,221,204</b>	<b>\$ 29,680,947</b>
Income from Operations	\$ 868,500	\$ 1,460,034	\$ 1,374,907
Other Income (Expense)	\$ 1,655,996	\$ 575,447	\$ (414,655)
<b>Excess of Revenues over Expenses</b>	<b>\$ 2,524,496</b>	<b>\$ 2,035,481</b>	<b>\$ 960,252</b>



## Summary of Community Benefits

	FY 2024	FY 2023	FY 2022
Subsidized Health Services	\$ 1,524,308	\$ 1,362,911	\$ 1,344,415
Bad Debts	\$ 527,117	\$ 310,270	\$ 372,339
Charity Care	\$ 677,287	\$ 908,012	\$ 759,760
Community Services	\$ 8,280	\$ 5,341	\$ 6,175
Medical Education	\$ 27,040	\$ 26,040	\$ 3,000
Community Building Activities	\$ 137,084	\$ 63,488	\$ 8,931
<b>Community Benefit Total</b>	<b>\$ 2,901,116</b>	<b>\$ 2,676,062</b>	<b>\$ 2,494,620</b>



# COMMUNITY KIDS CENTER

A bright new chapter for childcare in Falls City

As many families in Falls City know, the need for childcare has been a long-standing challenge. When Sacred Heart made the difficult decision to close their center, it left a noticeable gap for working families across the community. Recognizing this growing need—both for our staff and the broader community—Community Medical Center stepped up.

In August 2024, we proudly opened the doors to Community Kids Center, welcoming children from six weeks to twelve years old into a safe, nurturing, and developmentally appropriate environment filled with learning, play, and care. Since opening, enrollment has steadily grown, and we're excited to currently serve 43 children and their families.

At the helm is our director, Josie Morehead, a proud Falls City native who returned home to lead the center. Josie brings with her a wealth of experience in early childhood education and a deep commitment to enriching the lives of children in her hometown.

Families are already seeing the positive impact. Hailey Jahnel, a CMC employee and parent, shared, "The daycare under the ownership of the hospital has been such a blessing for our family. It's affordable, accommodating, and the care is wonderful. Our kids have grown in knowledge and creativity, and the staff are great about building relationships with each child."

## Getting to know Community Kids Center Director, Josie Morehead

Hi, I'm Josie Morehead and I'm excited to be a part of the CMC Community Kids Center. My journey in Early Childhood Education began at Highlands Academy, recently named Lincoln's #1 daycare, where I spent ten rewarding years as a lead teacher and supervisor. Working with children has always been my calling—I like to say they're my emotional support! They honestly inspire me daily and remind me why I love what I do.

When I'm not in the classroom, you'll most likely find me spending quality time with my son, Jona, and our two dogs. They keep me busy, smiling, and grounded. I love the close-knit atmosphere of Falls City and feel truly fortunate to be part of a team that shares my passion for providing children with nurturing, joyful care. There's something special about working with people who are not only dedicated to early childhood education, but who also genuinely love what they do.

